

# Psychology (B.S.) Pre-OT Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-Occupational Therapy Track

## Academic Core for B.S.

47 Hours

### CHRISTIAN STUDIES 6

CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

### ENGLISH 9

ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

### EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES 2

EXAC	Activity Course	1
EXAC	Activity Course	1

### FINE ARTS – SELECT ONE 3

ARTS 1310	Drawing I	3
ARTS 1320	Design	3
ARTS 1350	Art Appreciation	3
ARTS 2360	Ceramics I	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Theatre Appreciation	3

### WORLD CULTURES – SELECT ONE 3

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
HIST 2350	An Introduction to the Politics and Culture of Ancient Greece and Rome	3
HUMA 2355	Foundations of the Humanities	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

### LAB SCIENCE 8

BIOL 2340	Human Anatomy & Physiology I	1
BIOL 2140	Human Anatomy & Physiology I Lab	3
BIOL 2341	Human Anatomy & Physiology II	1
BIOL 2141	Human Anatomy & Physiology II Lab	3

### PUBLIC SPEAKING 3

COMM 1320	Public Speaking	3
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### MATHEMATICS 3

MATH 1306	College Algebra	3
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### RESEARCH METHODS OR INTERNSHIP 3

PSYC 2314	Research Methods for the Social Science	3
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### SOCIAL SCIENCE 3

SOCI 1311	Introduction to Sociology	3
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### US HISTORY OR US GOVERNMENT – SELECT ONE 3

HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2305	United States Government	3
POLS 2306	Texas State and Local Government	3

### FIRST YEAR SEMINAR 1

UMHB 1101	First Year Seminar	1
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### CHAPEL – 1 to 4 credits

UMHB 1002	Chapel	
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### Fine Arts Experience – 2 to 8 credits

UMHB 1005	Fine Arts Experience	
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## Psychology

46 Hours

### B.S. PSYCHOLOGY MAJOR REQUIRED COURSES 46

PSYC 1301	General Psychology	3
PSYC 2101	Professions in Psychology	1
PSYC 2201	Psychological Writing	2
PSYC 2331	Intro to Neuroscience	3
PSYC 2314	Research Methods for the Social Science	-
PSYC 3312	Experimental Psychology	3
PSYC 4323	History and Systems of Psychology	3
PSYC 4090	Senior Evaluation	0
PSYC	Upper Level Psychology Elective	3
PSYC	Upper Level Psychology Elective	3

The hours for PSYC 2314 are already accounted for in the Academic Core.

#### One of the following:

MATH 2303	Statistics	3
PSYC 2316	Statistics for the Social Sciences	3

#### One of the following:

PSYC 2311	Developmental Psychology	3
PSYC 3316	Child & Adolescent Psychology	3

#### One of the following:

PSYC 3315	Abnormal Psychology	3
PSYC 3317	Child and Adolescent Psychopathology	3

#### One of the following:

PSYC 4311	Behavioral Theory	3
PSYC 4312	Personality Theory	3
PSYC 4320	Counseling Theory	3

### PRE-OCCUPATIONAL THERAPY TRACK

EXSS 2355	Medical Terminology	3
EXSS 3390	Anatomical Kinesiology	3
EXSS 4395	Motor Behavior	3
PHYS 2411	Physics I with Lab	4

A grade of "C" or better is required in all courses in the major.

## Electives

27 Hours

### UPPER LEVEL ELECTIVES 12

You need 12 additional hours to reach your 36 UL required hrs.

### ELECTIVES 15

You need 15 additional hours to reach your 120 required hrs.

### Total Hours

Academic Core for B.S.	47
B.S. Psychology Major Required Courses	46
Upper Level Elective	12
Electives	15
<b>Total hours required for graduation</b>	<b>120</b>

### Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	2.0

# Psychology (B.S.) – Pre-OT Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-OT Track – DEGREE SEQUENCE – 3 ½ Year Planner

## **FRESHMAN FALL 14 Hours**

ENGL 1321	Rhetoric & Composition I	3
PSYC 1301	General Psychology	3
UMHB 1101	First Year Seminar	1
	Elective	4
MATH 1306	College Algebra	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

## **FRESHMAN SPRING 16 Hours**

CSBS 1311	Engaging the Old Testament	3
SOCI 1311	Introduction to Sociology	3
BIOL 2340	Human Anatomy & Physiology I	3
BIOL 2140	Human Anatomy & Physiology I Lab	1
ENGL 1322	Rhetoric & Composition II	3
	Fine Arts	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

## **FRESHMAN SUMMER 7 Hours**

CSBS 1312	Engaging the New Testament	3
EXAC	Activity Course	1
COMM 1320	Public Speaking	3

## **SOPHOMORE FALL 13 Hours**

PSYC 2331	Intro to Neuroscience	3
PSYC 2314	Research Methods for Social Sciences	3
	PSYC 2311 or PSYC 3316	3
BIOL 2341	Human Anatomy & Physiology II	3
BIOL 2141	Human Anatomy & Physiology II Lab	1
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

## **SOPHOMORE SPRING 16 Hours**

EXSS 2355	Medical Terminology	3
	PSYC 3315 or PSYC 3317	3
	MATH 2303 or PSYC 2316	3
PSYC 2101	Professions in Psychology	1
PSYC 2202	Psychological Writing	2
PHYS 2411	Physics I with Lab	4
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

## **SOPHOMORE SUMMER 7 Hours**

	US History or US Government	3
EXAC	Activity Course	1
	Elective	3

## **JUNIOR FALL 16 Hours**

ENGL	Literature	3
EXSS 4395	Motor Behavior	3
	PSYC Theory choice (4311, 4312, 4320)	3
EXSS 3390	Anatomical Kinesiology	3
	Elective	4
UMHB 1005	Fine Arts Experience	0

## **JUNIOR SPRING 12 Hours**

	World Cultures	3
PSYC	Upper Level Psychology elective	3
PSYC 3312	Experimental Psychology	3
	Upper Level Elective	3
UMHB 1005	Fine Arts Experience	0

## **JUNIOR SUMMER 7 Hours**

	Upper Level Elective	3
	Elective	4

## **SENIOR FALL 12 Hours**

PSYC 4090	Senior Evaluation	0
PSYC	Upper Level Psychology elective	3
PSYC 4323	History & Systems	3
	Upper Level Elective	3
	Upper Level Elective	3
UMHB 1005	Fine Arts Experience	0

**Total Credit Hours: 120**