

Psychology (B.S.) Pre-OT Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-Occupational Therapy Track

Academic Core for B.S.		47 Hours	Psychology	46 Hours
CHRISTIAN STUDIES		6	B.S. PSYCHOLOGY MAJOR REQUIRED COURSES	
CSBS 1311	Engaging the Old Testament	3	PSYC 1301	General Psychology
CSBS 1312	Engaging the New Testament	3	PSYC 2101	Professions in Psychology
ENGLISH		9	PSYC 2201	Psychological Writing
ENGL 1321	Rhetoric & Composition I	3	PSYC 2331	Intro to Neuroscience
ENGL 1322	Rhetoric & Composition II	3	PSYC 2314	Research Methods for the Social Science
ENGL	Literature	3	PSYC 3312	Experimental Psychology
<i>A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.</i>			PSYC 4323	History and Systems of Psychology
EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES		2	PSYC 4090	Senior Evaluation
EXAC	Activity Course	1	PSYC	Upper Level Psychology Elective
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FINE ARTS – SELECT ONE		3	<i>The hours for PSYC 2314 are already accounted for in the Academic Core.</i>	
ARTS 1310	Drawing I	3	One of the following:	
ARTS 1320	Design	3	MATH 2303	Statistics
ARTS 1350	Art Appreciation	3	PSYC 2316	Statistics for the Social Sciences
ARTS 2360	Ceramics I	3	One of the following:	
COMM 2335	Film Appreciation	3	PSYC 2311	Developmental Psychology
FINA 2330	Exploring the Fine Arts	3	PSYC 3316	Child & Adolescent Psychology
MUSI 1340	Music Appreciation	3	One of the following:	
THEA 2350	Theatre Appreciation	3	PSYC 3315	Abnormal Psychology
WORLD CULTURES – SELECT ONE		3	PSYC 3317	Child and Adolescent Psychopathology
ARTS 2354	World Art	3	One of the following:	
EXSS 2353	Lifespan Nutrition	3	PSYC 4311	Behavioral Theory
GLBL 2310	Cultural Immersion	3	PSYC 4312	Personality Theory
HIST 1311	History of World Civilizations to 1500	3	PSYC 4320	Counseling Theory
HIST 1312	History of World Civilizations since 1500	3	PRE-OCCUPATIONAL THERAPY TRACK	
HIST 2350	An Introduction to the Politics and Culture of Ancient Greece and Rome	3	EXSS 2355	Medical Terminology
HUMA 2355	Foundations of the Humanities	3	EXSS 3390	Anatomical Kinesiology
MUSI 2358	World Music	3	EXSS 4395	Motor Behavior
PHIL 2315	Introduction to Philosophy	3	PHYS 2411	Physics I with Lab
LAB SCIENCE		8	<i>A grade of "C" or better is required in all courses in the major.</i>	
BIOL 2340	Human Anatomy & Physiology I	1	Electives	
BIOL 2140	Human Anatomy & Physiology I Lab	3	27 Hours	
BIOL 2341	Human Anatomy & Physiology II	1	UPPER LEVEL ELECTIVES	
BIOL 2141	Human Anatomy & Physiology II Lab	3	12	
PUBLIC SPEAKING		3	You need 12 additional hours to reach your 36 UL required hrs.	
COMM 1320	Public Speaking	3	ELECTIVES	
MATHEMATICS		3	15	
MATH 1306	College Algebra	3	You need 15 additional hours to reach your 120 required hrs.	
RESEARCH METHODS OR INTERNSHIP		3	Total Hours	
PSYC 2314	Research Methods for the Social Science	3	Academic Core for B.S.	47
SOCIAL SCIENCE		3	B.S. Psychology Major Required Courses	46
SOCI 1311	Introduction to Sociology	3	Upper Level Elective	12
US HISTORY OR US GOVERNMENT – SELECT ONE		3	Electives	15
HIST 2311	American History to 1877	3	Total hours required for graduation	120
HIST 2312	American History since 1877	3	Additional Graduation Requirements	
POLS 2305	United States Government	3	Minimum Upper Level hours	36
POLS 2306	Texas State and Local Government	3	Minimum hours taken at UMHB	30
FIRST YEAR SEMINAR		1	Minimum Upper Level hours taken at UMHB	24
UMHB 1101	First Year Seminar	1	Minimum cumulative GPA	2.0
CHAPEL – 1 to 4 credits				
UMHB 1002	Chapel			
Fine Arts Experience – 2 to 8 credits				
UMHB 1005	Fine Arts Experience			

Psychology (B.S.) – Pre-OT Track

2025-2026 Academic Catalog, Bachelor of Science – Psychology, Pre-OT Track – DEGREE SEQUENCE – 3 ½ Year Planner

FRESHMAN FALL **14 Hours**

ENGL 1321	Rhetoric & Composition I	3
PSYC 1301	General Psychology	3
UMHB 1101	First Year Seminar	1
	Elective	4
MATH 1306	College Algebra	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

FRESHMAN SPRING **16 Hours**

CSBS 1311	Engaging the Old Testament	3
SOCI 1311	Introduction to Sociology	3
BIOL 2340	Human Anatomy & Physiology I	3
BIOL 2140	Human Anatomy & Physiology I Lab	1
ENGL 1322	Rhetoric & Composition II	3
	Fine Arts	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

FRESHMAN SUMMER **7 Hours**

CSBS 1312	Engaging the New Testament	3
EXAC	Activity Course	1
COMM 1320	Public Speaking	3

SOPHOMORE FALL **13 Hours**

PSYC 2331	Intro to Neuroscience	3
PSYC 2314	Research Methods for Social Sciences	3
	PSYC 2311 or PSYC 3316	3
BIOL 2341	Human Anatomy & Physiology II	3
BIOL 2141	Human Anatomy & Physiology II Lab	1
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE SPRING **16 Hours**

EXSS 2355	Medical Terminology	3
	PSYC 3315 or PSYC 3317	3
	MATH 2303 or PSYC 2316	3
PSYC 2101	Professions in Psychology	1
PSYC 2202	Psychological Writing	2
PHYS 2411	Physics I with Lab	4
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE SUMMER **7 Hours**

	US History or US Government	3
EXAC	Activity Course	1
	Elective	3

JUNIOR FALL **16 Hours**

ENGL	Literature	3
EXSS 4395	Motor Behavior	3
	PSYC Theory choice (4311, 4312, 4320)	3
EXSS 3390	Anatomical Kinesiology	3
	Elective	4
UMHB 1005	Fine Arts Experience	0

JUNIOR SPRING **12 Hours**

	World Cultures	3
PSYC	Upper Level Psychology elective	3
PSYC 3312	Experimental Psychology	3
	Upper Level Elective	3
UMHB 1005	Fine Arts Experience	0

JUNIOR SUMMER **7 Hours**

	Upper Level Elective	3
	Elective	4

SENIOR FALL **12 Hours**

PSYC 4090	Senior Evaluation	0
PSYC	Upper Level Psychology elective	3
PSYC 4323	History & Systems	3
	Upper Level Elective	3
	Upper Level Elective	3
UMHB 1005	Fine Arts Experience	0

Total Credit Hours: 120